

CHAMPLAIN ISLANDS GROWN

YOUR GUIDE TO FOOD AND FARMS IN THE ISLANDS


[WWW.ISLANDSGROWN.COM](http://www.islandsgrown.com)





PLEASE NOTE!

Because of changing COVID regulations, we recommend reaching out to businesses to confirm hours and offerings before visiting.

SYMBOLS KEY

 **THE CHAMPLAIN ISLANDS FARMERS' MARKET** season runs from Mid-May through September with markets every Wednesday from 3-6 pm at St. Rose of Lima Church in South Hero and every Saturday from 10-2 at St. Joseph's Church in Grand Isle. You can find these farms and buy their products at the Farmers' Market. Visit www.champlainislandsfarmersmarket.com for more information.

 **BICYCLING IN THE CHAMPLAIN ISLANDS** is a great way to explore the area. These farms welcome bicyclists to stop by and check out their farm stands or fields. Not all farms provide tours or have public rest rooms. Visit www.localmotion.org for information on the bike ferry.

 **FARM TOURS** are a wonderful way to experience agriculture and learn about local food sources. The farms with this symbol in their entry host farm tours. Some farms require advance notice, while others encourage self-guided tours. Please call ahead, so farmers can accommodate you during busy seasons.

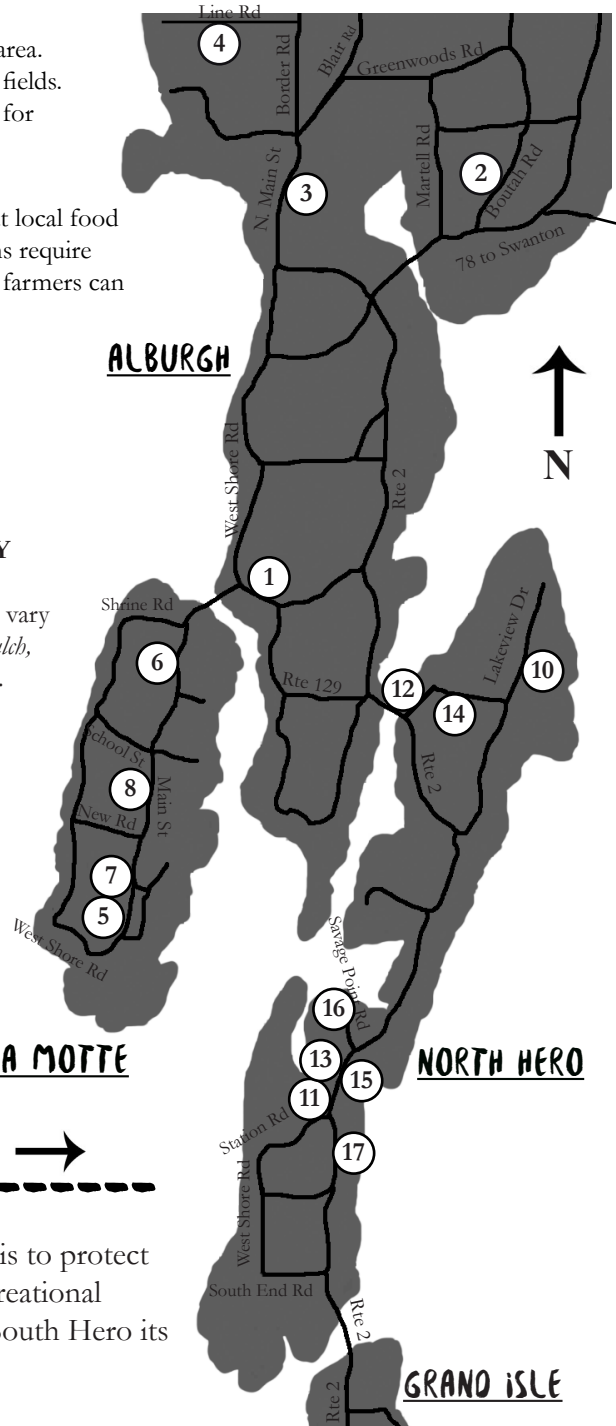
ALBURGH

1. 19TH HOLE BAR & GRILL AT ALBURGH GOLF LINKS
230 Route 129 • (802) 796-3586
Lunch daily, dinner F-Sat, Sun brunch 10am-2pm
Overlooking the first tee and Lake Champlain, we support local agriculture, serving local produce, meats, cheeses & maple syrup. Catering and events.

3. DARBY FARM  
518 North Main Street • (802) 796-3105
Retail Outlet: Open daily, May-Oct, 10am-7pm
Wide range of organic vegetables and berries produced in harmony with the land.

2. CHAMPLAIN ISLANDS NURSERY
183 Boutah Road • (802) 796-3021
Retail Outlet: Open May-December, hours vary
Annuals, perennials, trees, shrubs, roses, bark mulch, topsoil, compost. Landscape design & installation. Christmas trees, wreaths, accessories.

4. NATASHA'S SMALL THYME LANDSCAPING
146 Line Road • (802) 752-0121
Retail Outlet: Open Th-Tues
Locally grown perennials and shrubs, every other year locally grown plums.



CONTINUE TO NEXT PAGE FOR MORE LISTINGS →

SOUTH HERO LAND TRUST

PO Box 455
South Hero
(802) 372-3786
www.shlt.org
info@shlt.org

The mission of South Hero Land Trust is to protect the farmland, woodland, natural and recreational areas, and open spaces which help give South Hero its distinctive quality of life.

ISLE LA MOTTE

5. HALL'S ORCHARD

4461 Main Street • (802) 928-3226

Retail Outlet: Open daily, May-Feb, 8am-5pm

Apples, pears, sweet cider, cider doughnuts, pumpkins, squash, local honey, and maple syrup. PYO in season.



6. HAPPY BIRD POULTRY FARM

568 Main Street • (802) 343-4182

Retail Outlet: Open 7 days a week, 10am-7pm

Poultry farm, smokehouse and farm market. Free range chicken, smoked meats, cheese, butter, tofu and other locally sourced food and crafts.



7. JENSEN FARM

4200 Main Street • (802) 309-5500

Retail Outlet: Call for availability

The Jensen family produces a variety of pickles and jams, straw, oats, and rye grain. Sunflower PYO Aug-Sept.

8. SANDY BOTTOM FARM

2468 Main Street. • SandyBottomFarmVT@gmail.com

Retail Outlet: Open daily, May-October, Dawn to Dusk.

Certified Organic fruit, vegetable and herb farm featuring specialty varieties. CSA shares available.



NORTH HERO

9. EARTHMUFFINS ISLAND HERBALS

Not on map • (802) 378-5058

Retail Outlet: Call or visit earthmuffinsislandherbals.com

Handcrafted herbal soaps, Island Time teas, aromatherapy & Island Lights soy candles. Visit us at the Saturday market.

11. GREEN TARA SPACE

3275 US Rt 2 • (802) 355-2150

Retail Outlet: Friday – Sunday 10am - 4pm

Arts gallery with community programs. Coffee & tea bar with homemade edible treats. Fresh herbs and hand-crafted teas.



13. HERO'S WELCOME GENERAL STORE

3537 Route 2 • (802) 372-4161

Open daily, M-Sat 6:30am-8pm, Sun 6:30am-7pm

Thousands of products from around the world and fresh produce from the Champlain Islands.



15. NORTH HERO HOUSE INN & RESTAURANT

3643 Route 2 • (802) 372-4732

Open daily, dinner 5-9pm, breakfast 8am-10pm

The finest food and outstanding service. Our gardens and local farms supply an abundance of vegetables and herbs.



17. SHORE ACRES INN & RESTAURANT

237 Shore Acres Drive • (802) 372-8722

Serving dinner April-November

We serve meals made with produce, flowers, beef, and wines from the Champlain Islands, and locally made desserts!

10. FOX RIDGE QUARTER HORSES & PAINTS

6207 Route 2 • (802) 372-4241

Retail Outlet: Call for more information

Breeding farm of Registered Quarter Horses and Registered Paint Horses. Riding lessons offered in summer.

12. HARBORSIDE HARVEST MARKET

8986 Route 2 • (802) 372-4443

Open Daily, hours vary.

Full service grocery store offering locally produced maple syrup, honey, fresh fruits and vegetables when available, as well as Happy Bird poultry products.

14. MORGAN HILL FARM

108 Morgan Hill Road • (802) 372-3080

Retail Outlet: Call for more information

Morgan horses, Tennessee Fainting goats (kids available), Labrador Retrievers, grass hay, USDA & AWA approved goat meat & handmade goat milk soap & lotions. Tasty jellies from farm grown flowers & garlic.

16. SAVAGE GARDENS

303 Savage Point Road • (802) 372-9789

Retail Outlet: Open daily, year-round, dawn-dusk

Fresh organic vegetables, free-range eggs, cut flower bouquets, wedding flower arrangements, berries, herbs, pickles, dilly beans, and salsa. CSA shares available. .



HOW TO USE THE GUIDE

Search for farms by town, find farms on the map, and find out which farms have farm stands and which sell at the farmers' market. Find businesses who use local ingredients, restaurants who source local food, or retail stores that carry Islands vegetables and fruits.

CONTINUE TO NEXT PAGE FOR SOUTH ISLANDS MAP & MORE LISTINGS →

GRAND ISLE

NORTH HERO



18. A&B BEVERAGE

193 Route 2 • (802) 372-5431
Open daily, winter 6am-9pm, summer 6am-10pm
Retail grocery store with large produce section offering locally grown produce when available from area growers.

20. BLUE HERON FARM

Quaker Road • 802-372-3420
Retail: Open daily, May-Dec, dawn-dusk. Jan - April, please call.
Certified Organic vegetables, flowers, herbs, hay, eggs, chicken, lamb, wool, yarn. Pastured pork and grassfed beef, raw milk. CSA shares available.



22. CHRISTIE'S GONE BANANAS

45 Route 2 • (802) 681-6522
Open seasonally June - September
Roadside frozen fruit concession stand with a focus on chocolate dipped bananas, fruit popsicles, gourmet sorbet, and fruit smoothies. Using local ingredients whenever possible.

24. FAYWOOD GARDENS

31 Faywood Rd • (802) 777-1266
Organic cooking classes and catering. Airbnb accommodations during the summer months in our farmhouse.



26. GRAND ISLE PASTA

Not on map • (802) 372-8340
Fresh and dry pasta made with local ingredients whenever possible. Available at local stores and farmers' markets.

28. ISLAND HOMEMADE ICE CREAM

Not on map • (802) 372-6266
Homemade ice cream, gelato, sorbet and delicious frozen pies using 100% VT milk, local fruits, and Vermont maple syrup.

30. NORTH COUNTRY BEES

Not on map • (802) 872-9619
Retail Outlet: Call or visit us at the farmers' market to order.
Local beekeepers with 25 years of experience. Local raw honey, beeswax candles, beeswax balms, goatsmilk/ beeswax soaps and reusable beeswax wraps.



32. POP HERO POPCORN

Not on map • (802) 734-7308
Retail Outlet: Call to place order.
High-quality, slow dried, old-fashioned popcorn made with non-GMO, non-pesticide corn we grow ourselves.

34. WESTVIEW MAPLEWORKS

Not on map • 802-372-4712
Retail Outlet: Available at A&B Beverage
Maple sugaring operation. Farm tours during Vermont Maple Open House Weekend.

19. ARBOR FARMSTEAD

3 Faywood Road • arborfarmstead.com
Retail Outlet: Products available on website and markets.
Diversified farm specializing in small fruits and specialty vegetables, snow cones, sodas, teas, hand-crafted wooden furniture and home wares. CSA shares available.



GRAND ISLE

21. CANAMAK FARMS

336 Route 2 • 802-372-8258
Retail Outlet: Open daily Apr-Nov M-F 8:30am-4:30pm, Sat-Sun 9am-3pm
Grass-fed naturally raised beef, annuals, vegetable starts, perennials, compost, topsoil, and mulch.

23. DREAMWALKER FARM

108 Allen Road • 802-372-6255
Retail Outlet: Call or text for availability
Pasture raised brown eggs, pork, Thanksgiving turkeys, piglets, half/whole hogs, compost and hay.

25. GRAND ISLE ART WORKS

259 Route 2 • (802) 378-4591
Open 7 days a week in summer, Saturday - Sunday in Winter 10am-4pm. *Artisan gallery featuring handwork from 70+ VT artists. Locally produced jams, jellies, sauces, maple syrup, and other local specialty food and fiber products.*



27. ISLAND BLUEBERRIES

63 Adams School Road • 802-372-5656
Retail Outlet: Open July-Aug, call for hours
Five varieties of high bush blueberries for u-pick. We use organic practices.

29. MY KIDS' KITCHEN (NOT ON MAP)

88 Pearl Street, Grand Isle • (802) 372-3291
A family business catering large or small, with a philosophy of providing and using local foods. We use our own garden produce & partner with local farms.

31. POMYKALA FARM

197 East Shore North • 802-372-5157
Retail Outlet: Open daily, May-Oct, 8am-dusk
Vegetables, herbs, and flowers in season. Pick-your-own strawberry field opens in June, call for hours.



33. THISTLE MEADOWS

37 Moccasin Avenue • 802-372-5768
Retail Outlet: Call for availability
Jams, jellies, pickles, relishes, fruit syrups, flavored vinegars, mustards, extracts, drinking vinegars and baked goods.



SOUTH HERO

Causeway to
Bike Ferry

CONTINUE TO NEXT PAGE FOR SOUTH HERO LISTINGS →

35. THE ACCIDENTAL FARMER

6 South Street, South Hero

Open daily 11am-5pm, and 5pm-8pm Friday nights

Food truck/food stand focused on local products, serving grass-fed beef burgers, prepared salads, and other meals all summer.



SOUTH HERO!

36 . ALLENHOLM FARM

110-111 South Street • (802) 372-5566



Retail Outlet: Open daily, late May-Dec 24, 9am-5pm

Wholesale, retail, and pick-your-own apples. Also offering homemade pies, maple cremes, berries, petting paddock, and farm tours.

38. BLUE PADDLE BISTRO

316 Route 2, South Hero • (802) 372-4814

Open throughout year, hours vary with season

A cozy little restaurant in downtown South Hero that has become a gathering place for both Island locals and tourists, using local products when available.

40. CAPSAND CREAMERY, LLC

5 Sandbar Heights Drive • (508) 208-3473



Retail Outlet: Apr-Jan by appointment

Sea salt caramels, traditional fudge, soaps, and lotions are handcrafted from our Nigerian Dwarf goats' milk.

42. CHAMPLAIN ISLAND CANDY LAB

6 South Street, South Hero • (802) 378-5759

Open Mon, Thurs and Fri 7:30am-6pm, Sat 8am-6pm, and Sun 9am-5pm

Artisanal chocolates and indulgent treats using local ingredients wherever possible. Lovely cafe serving baked treats, crepes, coffee, hot chocolate & more.

44. CRESCENT BAY FARM

153 West Shore Road • (802) 372-4807



Retail Outlet: Products available at Snow Farm Vineyard

Diversified family farm offering maple syrup, llama wool and fiber, hay, and a bed & breakfast in our historic 1820s farmhouse.

46. HACKETT'S ORCHARD

86 South Street • (802) 372-4848

Retail Outlet: Open daily, May-Dec, 8am-5pm

Apples, other tree fruits, small fruits, cider doughnuts, apple crisp, maple syrup, vegetables, and hay. We have pick-your-own in season. Shipping available.

48. ISLANDACRES FARM

354 US Route 2 • (802) 372-4702 **Retail Outlet:** Call for farm tours

Pastured cattle grazing.



50. LAKESIDE JERSEY FARM

25 Tracy Road • (802) 372-8200 • **Retail Outlet:** Call for farm tours

Dairy farm breeding and selling prize winning Jersey cows. Farm tours by appointment, please call for more information.

52. MAXHAM FARM

595 Route 2 • (802) 372-8200

Retail Outlet: Products available at Hackett's Orchard

Dairy farm. We also grow pumpkins for sale at Hackett's Orchard.

54. PIGASUS MEATS

20 East Shore Road • (802) 378-5461

Retail Outlet: Open May 1-Nov 1, 8am-6pm

Pasture-raised pork and free range eggs.



56. SNOW FARM VINEYARD

190 West Shore Road • (802) 372-9463

Retail Outlet: Open daily May-Dec, 11am-5pm, open Sat-Sun Jan-April,

11am-4pm. Open later on music nights.

Award-winning wines from our own grapes. Tastings, Thursday nights summer concerts, local music on winter evenings, weddings and other events hosting.



58. WALLY'S PLACE: BAGEL & DELI

28 Community Lane, South Hero • (802) 372-4666

M-F 6am-2pm, Sat-Sun 7am-2pm

Baking fresh bagels & breads daily. Extensive line of breakfast & lunch sandwiches, sweet treats made in-house, espresso and iced coffee. Bread shares available.



37. BACKBAY FARM

9 Peters Farm Road • (802) 372-5127

Retail Outlet: Call for availability

Local, organic produce and raspberries. Chicken, turkey, and poultry products to order.

39. BLUE THUMB FARM

50 Whipple Road • (802) 372-5619

Retail Outlet: Open Fri-Sun 9am-5pm, in season

Pick-your-own blueberries. Call or check Front Porch Forum for conditions.

41. CHAMP AT GOOD HOPE FARM

57 East Shore Road • (802) 372-4087

Retail Outlet: Open year round, 9am to 6pm

Adaptive riding lessons for children and adults with physical, cognitive, and emotional challenges. Lessons, riding programs and boarding.



43. COOK SISTERS CAFÉ AT WALLY'S BY NIGHT

28 Community Lane, South Hero • (802) 372-0101

Open for dinner Thurs-Sat, 5-8pm

A lovely little eating place with a focus on local sourcing when possible. Serving dinner, and meals-to-go.



45. GOULET FARM STAND

467 Route 2 • (802) 782-4956

Open 7 days a week, mid-May to late fall, 9am to 6pm

Fresh vegetables, fruit, local honey, maple syrup, homemade breads, pies, jams, & salsa. We also sell beef, pork, eggs from Canamak Farm & Dreamwalker Farm.



47. HEALTH HERO FARM

350 West Shore Road • (802) 378-5246

Retail Outlet: Open daily May-Oct, 8am-5pm

Grass-fed beef. Farmstand sells local veggies in season & healthy snacks for cyclists.



49. KEELER'S BAY VARIETY STORE

500 Route 2, South Hero • (802) 372-4465

Open daily • Grocery store featuring locally produced wines, maple syrup, and pasta year

round, as well as local organic fresh fruits and vegetables seasonally.

51. LEMON LILY FARM

36 Tracy road • (802) 372-4556

Retail Outlet: Open Daily • Farm stand with Rhubarb and Ostrich Fern plants,

spring ephemerals, herbs, herbaceous perennials, seasonal bedding plants, and cut your own flowers.

53. PARADISE BAY FARM

21 Richards Road • (802) 372-5470

Retail Outlet: Call for availability

Sheep farm selling hand spun yarn, raw wool, hand woven items, breeding stock. Lamb available on farm by appointment.



55. POP HERO POPCORN

Not on Map • (802) 734-7308

Retail Outlet: Call to place order. • High-quality, slow dried, old-fashioned popcorn

made with non-GMO, non-pesticide corn we grow ourselves.



57. TWO BLACK SHEEP FARM

142 Ferry Road • (802) 372-5670

Retail Outlet: Open daily June-Sept, dawn to dusk

Organic produce, cut flowers, herbs and value-added products. CSA shares. Bread, pumpkins, and value added items.



59. YELLOW DOG FARM

89 East Shore Road • (802) 372-4556

Products available at GI Artworks, on Etsy and sheep & wool festivals

Hand-spun and mill-spun mohair and alpaca yarn, knit products, turned wooden items, yarn bowls, drop spindles & other tools for fiber artists.